



\*As of 1 March 2021: Please check the latest sports information guide for registration

## Triathlon



- 1 **Organizers:** Organizing Committee of the World Masters Games 2021 Kansai, World Masters Games 2021 Kansai Tokushima Local Organizing Committee, World Masters Games 2021 Kansai Minami-cho Competition Organizing Committee
- 2 **Co-organizer:** Japan Triathlon Union (JTU)
- 3 **Managing Organization:** Tokushima Triathlon Association
- 4 **Race Dates:** Friday, 20 May – Sunday, 22 May 2022 (Competition: 2 Days)

Date	Time	Event
Friday, 20 May	13:00 - 16:00	Registration (for all events)
	13:00 - 14:00	Swim course familiarization
	16:00 - 16:30	Athlete briefing (Paratriathlon) [*Japanese and English]
	17:00 - 18:00	Opening Ceremony
	18:00 - 18:30	Athlete briefing (Sprint) [*Japanese and English]
Saturday, 21 May	6:00 - 7:30	Athlete check-in (Paratriathlon)
	6:00 - 9:00	Athlete check-in (Sprint)
	8:00 -	Race start (Paratriathlon)
	10:30 -	Race start (Sprint)
	12:00 - 16:30	Registration (Standard)
	13:00 - 16:00	Bike course check (Standard)
	13:00 - 16:00	Social Gathering
	14:00 - 14:30	Medal Ceremony (Paratriathlon and Sprint)
	15:00 - 15:30	Athlete briefing (Standard) [*Japanese]
16:00 - 16:30	Athlete briefing (Standard) [*Japanese and English]	
17:00 - 17:30	Athlete briefing (Standard) [*Japanese]	
Sunday, 22 May	6:00 - 7:30	Athlete check-in (Standard)
	8:00 -	Race start (Standard)
	11:00 - 12:00	Medal Ceremony (Standard)



## 5 Venue

### (1) Standard

Hiwasa Umigame Triathlon Course (Okugawauchi, Minami-cho, Kaifu-gun, Tokushima)

### (2) Paratriathlon and Sprint

Hiwasa Umigame Triathlon Course [WMG2021 Kansai Course] (Okugawauchi, Minami-cho, Kaifu-gun, Tokushima)

\* The details of each course will be announced at later date.

## 6 Maximum Participations

### ■ Triathlon

(1) Standard 1,000 athletes

(2) Sprint 300 athletes

\* You can participate in both Standard and Sprint.

### ■ Paratriathlon

(1) Sprint 50 athletes (without TRI6 guide)

## 7 Rules of Race

### (1) Competition Rules

All events will be conducted in accordance with the competition rules of the International Triathlon Union, ITU and the local rules of the World Masters Games 2021 and specified in this document.

### (2) Technical Delegate

Tatsuya Nakasone (ITU level1, JTU Class I Technical Official, Vice President and Technical Committee Chair, Hyogo Triathlon Association)

### (3) Local Rule

① The distance by type of event shall be the following:

#### ■ Triathlon

##### a) Standard

Swim 1.5km, Bike 40.0km and Run 10.0km (Total: 51.5km)

##### b) Sprint

Swim 0.75km, Bike 20.0km and Run 5.0km (Total: 25.75km)

#### ■ Paratriathlon

##### c) Paratriathlon

Swim 0.75km, Bike 20.0km and Run 5.0km (Total: 25.75km)

② In the Standard distance race, if an athlete does not reach the goal before the following time set forth below from the start time, he/she will be disqualified.

a) Before the end of the swim 1 hour 10 minutes

b) Before the end of the cycling 3 hours 30 minutes

c) Before the end of the run 4 hours 30 minutes

③ In the Sprint and Paratriathlon distance race, if an athlete does not reach the goal before the following time set forth below from the start time, he/she will be disqualified.

a) Before the end of the swim 30 minutes

- b) Before the end of the cycling 1 hours 30 minutes
  - c) Before the end of the run 2 hours 30 minutes
- ④ The ankle band type JTU certified measuring chip to be distributed must be attached to one ankle.(However, Para-athletes is not in this rules)  
The chip is a precision machine, it may be damaged if thrown or dropped, disabling the clocking.  
The chip must be returned as soon as possible after use (after finish). If lost or not returned, a predetermined amount of money must be paid as compensation.
- ⑤ Certification of records  
After verification by the technical delegate (technical representative) and head referee (chief referee), a record will become the official record. However, this does not apply when an appeal or protest is lodged.

## 8 Event (Age as of 31 December 2022) (General Category)

Event	Gender	Age Categories and Classifications
Standard	Men	30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89,90+
	Women	30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89,90+
Sprint	Men	30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89,90+
	Women	30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89,90+

(Category of Athletes with Impairments)

Event	Gender	Age Categories and Classifications
Paratriathlon	Men	TRI1, TRI2, TRI3, TRI4, TRI5, TRI6
	Women	TRI1, TRI2, TRI3, TRI4, TRI5, TRI6

## 9 Eligibility

### ■ Triathlon

#### (1) Domestic Athletes

- The athletes must have 2022 JTU memberships.
- The athletes must enter JTU membership numbers (10 digits and 2 digits) at registration.  
Furthermore, prior to the JTU's registration start for 2022, the athletes must enter the membership numbers (10 digits and 2 digits) valid at the time of entry. After JTU membership registration for 2022 is completed, athletes must re-enter membership numbers at "registration status" of the entry system.
- The athletes must be finishers of 2019 or 2021 JTU Age Group Ranking Race.

Furthermore, even if modifications of event or distance of the Age Group Ranking Race are made, the athlete is eligible.

- For 2020, the following events were planned as JTU Age Group Ranking Races and finishers are eligible: Suigo-Itako Triathlon, Osaka Castle Triathlon, Nagaragawa International Triathlon.
- Any athletes who are not finishers of the above mentioned events cannot participate in this race.
- The qualifications for those with disabilities who participate in the general division are based on the qualifications for the general division.
- Draw a marker on your own column of the overall result of the target tournament and upload it at the time of entry.
- Registration of athletes who are not finishers of the above mentioned events will be canceled.

(2) Overseas Athletes

- The athletes must register for JTU one day memberships (registration fee: 1,000 yen).

In case of registration at JTU in 2022, we will refund this fee in athlete briefing.

■ Paratriathlon

(1) Domestic Athletes

- The athletes must have 2022 JTU memberships
- The athletes must enter JTU membership numbers (10 digits and 2 digits) at registration).

Furthermore, prior to the JTU's registration start for 2022, the athletes must enter the membership numbers (10 digits and 2 digits) valid at the time of entry. After JTU membership registration for 2022 is completed, athletes must re-enter membership numbers at "registration status" of the entry system.

- Enter the name of the event that completed in the domestic / overseas paratriathlon / triathlon race either in 2019, 2020 or 2021.
- Draw a marker in your own column of the overall result and upload it when you enter.

(2) Overseas Athletes

- The Athletes must register for JTU one day memberships (registration fee: 1,000 yen).

In case of registration at JTU in 2022, we will refund this fee in athlete briefing.

## 10 Consideration for persons with impairments who participate in the general category competition

In this event, consideration shall be taken for athletes with impairments in the general category race. The content of consideration according to the types of impairments is the following:

Persons with hearing impairments

- **Consideration for providing information on a bulletin board**  
The race status shall be broadcast and displayed on the bulletin board.  
The course display signboard shall be enlarged.
- **Sign language interpreters will be allocated in the venue.**
- **Accompaniment of a person to help an athlete with impairments**  
Take care to provide a helper to accompany an athlete with impairments to the venue.

#### Persons with intellectual impairments

- **Consideration to provide easy-to-understand explanations**  
Provide easy-to-understand explanations of the competition rules.
- **Accompaniment of a person to help an athlete with impairments**  
Take care to provide a helper to accompany an athlete with impairments to the venue.

## 11 Age Requirement

Minimum age is 30 (born on or before 31 December 1992)

In line with the sport-specific rules, an athlete must compete in their designated age group, with your age determined as at 31 December 2022. For example, if you are 39 during Games time but have turned 40 by 31 December 2022, you would compete in the 40-44 age category.

## 12 Medal Ceremony

The medals will be awarded to the first, second and third-ranked athletes by event, gender, age category and classification.

## 13 Registration Fee

(1) Entry fee (including tax and handling fee)

\* Check [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for detail.

- ① Competition participants (Basic fee: allowed to participate in 5 disciplines)
  - a) Overseas participants: 24,000 yen/person  
(Including a transportation pass for mobility within the Kansai area.)
  - b) Domestic participants: 15,000 yen/person  
(Does not include a transportation pass. Could be bought optionally at an additional cost.)
- ② Persons related to the competition (Basic fee)
  - a) Overseas participants: 14,000 yen/person  
(Including a transportation pass for mobility within the Kansai area.)
  - b) Domestic participants: 5,000 yen/person  
(Does not include a transportation pass. Could be bought optionally at an additional cost.)

\*When a helper (a person who supports an athlete with impairment participating in a competition) participates in the competition for providing such support, he/she is required neither to apply for participation in the

competition nor to pay a registration participation fee (provided, however, that the helper must apply for participation as a competition official when he/she requires a kit for participating in the competition, a transportation pass and others).

(2) Extra fee

- JTU one-day-registration: 1,000 yen

Only for overseas athletes. Fee is paid at *Entry System* during registration.

In case of registration at JTU in 2022, we will refund this fee at athlete briefing.

(3) Rental fee for race equipment, etc.

None (Race equipment cannot be rented.)

## 14 How to Apply for Entry

Application is made through the entry system on the official website (Entry System) dedicated to the application for the entry to the race via PC or smartphone.

\* Check [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for detail.

## 15 Notes on Participation

(1) Uniform / Outfits

① The race uniform must conform to the ITU competition rules.

② Domestic athletes must wear the national team uniform of the World Masters 2021 Kansai designated by the JTU. Each athlete will be notified of how to acquire the uniform.

③ Athletes will wear outfits appropriate for the Athlete briefing, opening ceremony, closing ceremony, and medal ceremony.

(2) Equipment

Race equipment must conform to the rules stipulated in the ITU Competition Rules and JTU Competition Rules, as well as the rules agreed to in this event.

(3) Guides and handlers

Athletes of “TRI6(visual impairment)” who participate in the para section must arrange guides of the same gender. Players who need a handler must make their own arrangements.

(4) Registration and Athlete Briefing

Each athlete who has completed the registration procedure on the day before the race (in Standard, one or two days before) must be subject to Athletes check-in on the race day.

Each athlete must participate in the Athlete Briefing held on the day before the race.

\* If an athlete fails to participate in the Athlete Briefing, he/she will not be allowed to participate in the race.

(5) Insurance

\* Check [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for detail.

## (6) Doping Control

- ① The doping control in accordance with the [World Anti-Doping Code](#) and [the rules of the International Masters Games Association](#) shall apply to this competition.
- ② Anti-doping activities (doping inspections and anti-doping education activities) shall be conducted in accordance with [the rules of the International Masters Games Association](#).
- ③ Participants are deemed to have agreed to be subject to doping control procedures in accordance with [the rules of the International Masters Games Association](#) upon entry to the competition. Participants are advised to check [the rules of the International Masters Games Association](#) Rules for more details.
- ④ This competition aims to promote anti-doping activities as an activity to protect clean sports and clean athletes in order to leave various values of sports to the next generation through sports in cooperation with the Japan Anti-Doping Agency.

## (7) Procedure for Bad Weather

If adverse effects of bad weather are expected in conducting the race, the start time, race content, courses, etc., may be changed.

## (8) COVID-19

This sports information guide might be subject to changes, in case measures to prevent the spread of COVID-19 should become necessary.

## 16 Application for Accommodation and Transportation

### (1) Accommodation

Refer to the Accommodation Information Page on the [World Masters Games 2021 Kansai Official Website](#) for information on accommodation.

### (2) Transportation

Refer to the Transportation Information Page on the [World Masters Game 2021 Kansai Official Website](#) for transportation information including access to the venue.

## 17 Others

All athletes must complete the accreditation process and registration at the race venue before taking part in a race.

### (1) Games Accreditation

Accreditation services shall be provided at the Opening Village, each Prefectural Masters Village, Center Village, and the Temporary Accreditation Venue. The athlete must bring a valid photo identification and complete accreditation process personally by one day before the race. (Proxy registration will not be allowed.) Furthermore, even when participating in team competitions or as a team, each athlete must complete accreditation process.

Accreditation process can be completed at any of designated service desks; however, operation hours and dates differ depending on the location.

\* Check [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for detail.

(2) Registration

① Date and time

Friday, 20 May 2022, 13:00 - 16:00

(all events: Standard, Sprint, Para-triathlon)

Saturday, 21 May 2022, 12:00 - 16:30 (Standard only)

Uniform check and bike check are required.

② Venue

Tokushima Prefectural South District Administration Bureau (Okugawauchi, Minami-cho, Kaifu-gun, Tokushima) (to be confirmed)

(3) Bike course check (Looking at the bike course in advance) (Standard)

① Date and Time

Saturday, 21 May 2022, 13:00 - 16:00

② Remarks

Athletes can have a look at the bike course for the Standard on board the bus provided by the organizer.

(4) Athlete Briefing

① Date and Time

Friday, 20 May 2022, 16:00 - 16:30 (Paratriathlon) [\*Japanese and English]  
18:00 - 18:30 (Sprint) [\*Japanese and English]

Saturday, 21 May 2022, 15:00 - 15:30 (Standard) [\*Japanese]  
16:00 - 16:30 (Standard) [\*Japanese and English]  
17:00 - 17:30 (Standard) [\*Japanese]

② Venue

Friday, 20 May 2022,

Para-triathlon [\*Japanese and English]: Hiwasa Elementary School Gymnasium (to be confirmed)

Sprint [\*Japanese]: Hiwasa Elementary School Gymnasium (to be confirmed)  
[\*English]: Hiwasa Elementary School (to be confirmed)

Saturday, 21 May 2022,

Standard [\*Japanese]: Hiwasa Elementary School Gymnasium (to be confirmed)  
[\*English]: Minami-cho Community Hall (to be confirmed)

(5) Opening ceremony

① Date and Time

Friday, 20 May 2022, 17:00 - 18:00

② Venue

Hiwasa Elementary School Gymnasium (to be confirmed)

(6) Medal Ceremony

① Date and Time

Saturday, 21 May 2022, 14:00 - 14:30 (Paratriathlon and Sprint)



Sunday, 22 May 2022, 11:00 - 12:00 (Standard)

② Venue

Minami-cho Hiwasa Chomin Ground (to be confirmed)

(7) Social Gathering

A social gathering will be held in order to foster friendship among the athletes.

① Date and time

Saturday, 21 May 2022, 13:00 - 16:00

② Venue

Minami-cho Hiwasa Chomin Ground (to be confirmed)

③ Participation fee

To be paid individually to the shop (family members of an athlete can join.)

④ Application for participation

If an athlete wishes to participate, he/she should go directly to the venue.

⑤ Others

Participation is voluntary.

(8) Bike Delivery

A paid domestic bike delivery service between any place within Japan and the venue will be provided. Each athlete will be notified when details are determined.